

The following Fall Protection Permit is to be utilized whenever a job **Hazard Assessment identifies work at height** to be conducted on University Of Calgary property. All safety precautions and legislated requirements must be met and adhered to while working at height at the University of Calgary.

- Safety **two working days PRIOR to commencement of the job.**
- Work at height is not allowed to commence until the completed permit has been received and the area is properly posted for the work.
- Environment, Health and Safety may inspect any work area. EH&S has the authority to stop any Plan requirements are followed.

6. Procedures for assembly, maintenance, inspection, use, and disassembly
Manufacturer's Instructions attached/ on site YES / NO (If NO must be written)

CHECKLIST

Safe Zone (Roof top) Work

- 4 meter zone marking lines are adequately visible and are placed 4 meters from the unguarded edge

Travel Restraint

- Permit and accompanying documents posted at the work site access point
- Guardrails are sound and of adequate strength
- Horizontal Lifeline set-up and inspected
- Single point anchor(s) appropriately placed and properly assembled
- Elevated work platform has manufactured or engineered anchor points
- Harness has had yearly inspection, before use inspection completed by worker (webbing has no cuts, burns, abrasions, stitching or excessive wear. Hardware has no deformations or cracks)
- Lanyard or Lifeline selected/adjusted to shortest possible length, still permitting unimpeded movement but will not allow worker to reach the unguarded edge
- Horizontal life line tension is correct
- Integrity of energy absorbing lanyard stitching and pouch is intact
- Manufacturers assembly, disassembly, inspection instructions
- Snap hooks inspected (cracks or deformations, will not open when pressure applied and takes at least 2 deliberate actions to open)
- Lifelines installed and used under supervision of a competent person, protected from cuts and abrasions
- Rope inspected (wear, abrasions, damage, and mildew)
- Lanyard inspected (wear, abrasions, damage, and mildew)
- Anchorage points provide adequate strength and are capable of meeting strength related requirements
- Hole covers are secured, marked and capable of withstanding anticipated weight loads
- Effective Rescue Plan in place and reviewed
- Other (identify) _____

Fall Arrest Zone (review TRS checklist plus)

- Anchorage located directly overhead
- If Anchorage cannot be connected overhead, then connect as high as possible to minimize free fall distance
- No Swing Fall dangers including striking an object or shearing of lifeline
- CSA approved Self Retracting Lanyard inspected (shock load indicator intact, line will lock when acceleration speed of approx 4m/second is reached)
- Lanyard length as short as possible while still permitting unimpeded work
- Clearance Distance is a minimum of 20 feet , Falling worker would not hit ground or objects
- Clearance Distance is a minimum of 25 - 30 feet when using horizontal lifeline, Falling worker would not hit ground or objects
- Edge Protection in place if risk of Lifeline shearing over unprotected edge in event of fall
- Other (identify) _____
- Other (identify) _____